

# WHAT WE DO

## Training Programs:

ANEC actively provides trainings to educate the public on the principles of nonviolent strategies. We aim to bring grassroots development of nonviolence and peace education as core values for an inclusive society by providing outreach programs, panel discussions, workshops, leadership training, etc.

**130+**

Workshops and trainings

**8000+**

8000 trainees and participants

## Internships:

Internship programs are a part of ANEC's work to promote nonviolence and peace by engaging youths at the grassroots level. The internship program aims to mentor the younger generations to actively participate in the Tibetan people's movement with a deeper understanding of nonviolence as a necessity. Interns are responsible for organising and executing an activity of nonviolence and peace once every month. Activities invite creativity and can be of any form. The program hopes to produce a community of youth willing to adopt nonviolence and peace as the way forward.

## Publications:

ANEC, with Department of Education (CTA), have compiled educational materials for schools and training modules for group and teacher training curriculums for individuals and groups that wish to practice active nonviolence in their communities. ANEC will produce reading materials for elementary schools to cultivate empathy, connection, and support from an early age.

# HOW TO HELP ANEC

You can help us and support our work by either participating in our programs and trainings, or by becoming an intern or a volunteer at ANEC.

You can also help us financially by donating to fund our programs via cheques or bank drafts.

## BANK ACCOUNT DETAILS

Beneficiary Name: Active Nonviolence Education Center  
Savings Account No. : 2026101008000  
IFSC Code: CNRB0002026  
Dharamshala-176215  
Distt. Kangra  
India(H.P)

## Our Address:

House No. 895, 1st Floor  
Toepa Community House  
TIPA Road, McLeod Ganj  
Dharamshala, 176219  
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## CONTACT US

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# ACTIVE NONVIOLENCE EDUCATION CENTER

# WHO ARE WE?

Active Nonviolence Education Centre (ANEC), based in Dharamshala, is a non-profit educational organisation dedicated to the promotion of peace and nonviolence through comprehensive educational program. Our core mission is to strengthen the foundation of active nonviolence as a tool to restore human dignity and justice for Tibet and other oppressed and marginalised communities. ANEC was established in the year 2007.



**"AT A TIME WHEN, WHEREVER WE LOOK, PEOPLE CONTINUE TO TRY TO RESOLVE THEIR PROBLEMS THROUGH FORCE AND VIOLENCE, THE ESTABLISHMENT OF ANEC IN DHARAMSHALA PROVIDES AN OPPORTUNITY TO CONDUCT SUCH PRACTICAL RESEARCH AND EDUCATION."**

**- HIS HOLINESS  
THE DALAI LAMA**

# OUR AİM

1. Imparting awareness on active nonviolence approach as a strategic means to strengthen the cause of Tibet.

2. To empower individuals to explore good practices to strengthen leadership to advance nonviolence in community life; to strengthen nonviolent movements; to improve practices of nonviolence through grassroots program developments.



3. Developing accessible reading materials on active nonviolence and peace (NVP) at elementary level.



4. Introducing participant centered nonviolence educational programs focusing on building skills, values, behaviours, attributes based on an inclusive adult experiential learning in the Tibetan community.



5. Strengthening the capacity of Tibetan civil society by providing timely and periodic assistance to ensure resilience.

